

**Experience the Energy at the Victory of Light Expo**  
**Greater Cincinnati's Premier Body, Mind & Spirit Convention**  
**April 21 & 22 at Sharonville Convention Center**

- Founded 20 years ago by popular Cincinnati psychic medium Victor Paruta.
- Features 58 seminars by nationally-known metaphysical, paranormal and holistic experts
- Seminar topics range from mediumship and energy healing to channeling, past lives, ghosts and dream analysis.
- Ten seminars offer free psychic readings for members of the audience.
- More than 200 exhibitors offer readings, healings and products for body, mind and spirit.
- Family-friendly with \$2 discount for seniors and students.

**Cincinnati, Ohio (March 28, 2012)** – The [Victory of Light Expo](#), which marks its 20<sup>th</sup> anniversary in 2012, is one of the largest and longest-running metaphysical conventions for the general public in the country. Established in 1992 by psychic medium Victor Paruta, the 39<sup>th</sup> Victory of Light Expo takes place **Saturday, April 21** and **Sunday, April 22** from 10:00 am – 7:00 pm at the newly expanded [Sharonville Convention Center](#). The Expo features [58 seminars](#) – ten offering FREE readings – and all focused on a wide variety of intuitive arts and holistic health topics. Featured presenter, renowned spiritual guide [Terra Sonora](#) from Sedona, Arizona, will present two seminars on Channeling. Live musical and dance performances take place continuously both days. More than [200 exhibitors](#) offer healings, psychic readings, and merchandise for body, mind and spirit, including crystals, gemstone jewelry, books, art and fashion. **Admission** is \$12 for one day or \$20 for both days. Seniors (age 60+) and students (with ID) receive a \$2 discount. Parking is free. Complete details about the expo are available at [www.VictoryofLight.com](http://www.VictoryofLight.com), or by calling 513-929-0406. The Victory of Light Expo can also be found on [Twitter](#) and [Facebook](#).

“The Victory of Light Expo is the region’s most exciting and affordable opportunity to experience the psychic arts and sciences. Regular attendees say the Victory of Light Expo is their favorite event of the year. Anyone with even a casual interest in the psychic, paranormal and holistic will love this show,” comments Paruta, whose work has been instrumental in introducing new age, metaphysical and holistic health experts and topics to Cincinnati for more than twenty years.

**Featured New Seminars – Saturday, April 21**

- **“Tools & Techniques of Paranormal Investigation,”** 2:00 p.m.; Presented by Project Paranormal, a high level paranormal investigation and research team serving Ohio, Indiana and Kentucky.
- **“Channeling of Your Spirit Guides,”** 1:00 p.m., and **“Full Trance Angel Channeling,”** 3:00 p.m., by **Terra Sonora**, author of *Awakening the Higher Self: A Journey into your Soul*. A spiritual counselor and channeler of the angelic realm for 25 years, Sonora was featured in the 2011 documentary *Tuning in Two: Spirit Channelers in America*.
- **“Dream Connections: Portals to Creativity & Community,”** 4-6 p.m.; Robin O’Neal Kissel and Glenda Miles lead this interactive collaborative presentation to demonstrate the power and potential of dreams and how they impact interpersonal relationships and community (a donation is encouraged).
- **“Spiritual Nutrition,”** 5:00 p.m.; Inna Aracri explores the spiritual dimensions and subtle energies of food, exploring the concept of “we are what we eat.”
- **“Sacred Sound” by John Wubbenhorst,** 12 noon; a participatory workshop exploring sacred ragas, talas and the esoteric values in Indian music with a master of the Bansuri (North Indian bamboo flute) and Western flutes. Wubbenhorst performs on Bansuri with Tibetan bowls at 3:00 p.m. Saturday and presents “A Sacred Celebration of Dance, Music & Poetry” with former soloist with New York’s Paul Taylor Dance Company Tom Evert and poet Steve Brown on Sunday at 3:00 p.m.

### **Featured New Seminars – Sunday, April 22**

- **“The Quaker Way: A Spiritual Path for Today,”** 12 noon; Eileen Bagus, PhD, will discuss the 350-year tradition of the Quakers and their close ties to the Spiritualist community. Musician Paulette Meier will perform songs from her CD *Timeless Quaker Wisdom in Plain Song*.
- **“Astral Travel to the Universe & Beyond,”** 3:00 p.m.; Reverend Christine Sabick
- **“The Mirror Effect: Health & Emotions Between People & Their Animals,”** 4:00 p.m.; Animal communicator and intuitive healer Mary Marshall has assisted professional horse trainers, veterinarians and pet owners understand their animals. Author of *Medicine Horse Woman: Lessons on Spirituality and Healing from an Animal Communicator*, she conducts workshops across the country.

Also new at the Expo is **“Connecting with Others Who Share Your Spiritual Interests and Passions,”** a networking and sharing opportunity on Saturday at 5:00 p.m. facilitated by Linda Fabe, mental health therapist and Dan Joyner, community and organizational consultant. Victor Paruta’s standing-room-only free seminar “Ask A Psychic” returns Sunday at 2:00 p.m. The complete seminar schedule can be downloaded from the [website](#).

The Victory of Light Expo offers a variety of **readings and readers**, including psychics, clairvoyants, mediums, animal communicators, past life readers, spirit artists, a forensic profiler, tarot readers, numerologists, medical intuitives, palm readers, hand writing analysts and

astrologers. Ten seminars offer free readings, and personal readings are available with prices ranging from \$20 - \$40 per reading.

Live music and dance performances by keyboardist **Lighthawk Mark Kenworthy**, award winning Native American flutist **Douglas Bluefeather**, the **Emerald Breeze Dance Ensemble**, and **Lisa Thornbury Dance** take place throughout the weekend. Tibetan and Crystal Singing Bowls artist **Ron Esposito** performs a meditation concert on Saturday at 1 p.m.

A highly sought after and respected psychic reader and spiritual consultant, [Victor Paruta](#) was voted “Best Psychic” by Cincinnati Magazine in 2005 for his “mysteriously accurate and compelling readings.” He is a regular guest on radio and television, including ABC’s “The View,” and is featured in dozens of articles and publications. Paruta serves on the faculty of Baker Hunt Art & Cultural Center in Covington, Kentucky, where he teaches classes in psychic and intuitive development. He produced the first Victory of Light Psychic Festival in Cincinnati in 1992.

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